



**Ambitious
about Autism**

Feeling safe in school/college

A guide to safeguarding
in our school/college



**Ambitious
about Autism**
Schools Trust



Everyone has the right to feel safe in school and college.

Keeping people safe is called safeguarding.

Safeguarding means:



- listening to people



- protecting people



- helping people feel safe and be the best they can be.

What is abuse?



Abuse is when someone does something that hurts you, makes you feel upset or frightens you.

Abuse is never ok, and it is not your fault.

There are different types of abuse.



- **physical abuse:** someone hurts you by hitting, kicking or pushing.



- **emotional abuse:** someone does or says something that upsets you.



- **sexual abuse:** someone touching you or making you touch your body or private parts without permission in a way you do not want.



- **neglect:**
someone does not give you the love, support and care you need.



- **financial or material abuse:**
someone taking your money or belongings without your permission.



- **discrimination:**
someone treats you differently because of who you are.



- **bullying:**
someone repeatedly making you feel upset or unsafe in person or online.



- **radicalisation:**
someone makes you
change your views in
extreme ways.



- **grooming:**
someone gaining your trust
then hurts you.

Who to speak to if you are worried?



If you are worried about something that happened or a person, you should speak to an adult you trust.

This could be a:



• parent



• teacher



• someone at reception



- staff at school or college



- friend



- police



- doctor/nurse.



These people are always here to help and support you. But they cannot promise to keep a secret if they need to tell someone else to keep you safe.

Other People who can help:

Childline:	www.childline.org.uk	0800 1111
NSPCC:	www.nspcc.org.uk	0808 800 5000
Mind:	www.mind.org.uk	0300 123 3393
Respond:	www.respond.org.uk	0207 383 0700
Mencap:	www.mencap.org.uk	0808 808 1111



In an emergency call 999.



To talk to someone call 101.



Remember it is your right to feel safe in school or college. If you do not feel safe, speak to an adult you trust.

We are Ambitious about Autism

Ambitious about Autism is the national charity standing with autistic children and young people.

We believe every autistic child and young person has the right to be themselves and realise their ambitions.

We started as one school and have become a movement for change. We champion rights, campaign for change and create opportunities.

Contact us

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