



# Integrated Studies at Brighton MET College

Course information pack



**Ambitious  
about Autism**

**CCG**

Chichester  
College  
Group

**MET**

Brighton  
Metropolitan  
College

**Our Integrated Studies course is designed to help young autistic people who need some extra specialist support to succeed in a mainstream college. We have partnered with Brighton MET College to run this course, which gives learners the opportunity to work towards achieving an accreditation in their chosen vocational area.**

Based in the vibrant environment of Brighton MET's East Campus, our autism specialist support team helps learners experience learning and enrichment activities in a mainstream college environment.



Our course also offers learners bespoke taster sessions that take place every half term in the following mainstream curriculum areas:

- sport
- health and social care
- creative media
- art
- construction and trades
- catering.

These mainstream experiences enable learners to understand the courses on offer so that they can identify the accredited vocational pathway they want to follow in their second year.

Our course also offers learners a own dedicated classroom on Brighton MET's East Campus, with a curriculum delivered by an autism-specialist lecturer and a learning support team.



The Integrated Studies curriculum also develops learners' skills in the following areas:

- employability
- independent living
- community, friendships and relationships
- good health and wellbeing
- functional skills in English and maths.



# Integrated Studies example timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
9.30-10.00am	Class tutorial	Class tutorial	Class tutorial	Class tutorial	Class tutorial
10.00-11.00am	Taster reflection	Indepent living skills (Maths focus)	Functional skills in English	Employability skills (English focus)	Social communication skills
11.00-11.15am	Break	Break	Break	Break	Break
11.15am-12.15pm	Study skills	Indepent living skills (Maths focus)	Functional skills: English	Employability skills (English focus)	Weekly reflection and planning
12.15-1.15pm	Lunch	Lunch	Lunch	Lunch	Lunch
1.15-2.15pm	Community sports	RSE/ Personal development	Functional skills: Maths	Community access/travel training	Brighton MET taster sessions
2.15-3.00pm	Community sports	RSE/ Personal development	Functional skills: Maths	Community access/travel training	Brighton MET taster sessions
3.00-3.30pm	1:1 tutorial and planning	1:1 tutorial and planning	1:1 tutorial and planning	1:1 tutorial and planning	End of week achievement celebration

## Find out more

If you're interested in this course, we'd be pleased to meet you. Sign up to one of our **open days** or contact our Admissions Team to find out more.

We meet the needs of learners across London and the southeast as well as many other UK local authorities.

St. John's College will only consider making an offer of placement once an assessment has been completed. If you are seeking a privately funded place, we are happy to talk you through this process.





## We are Ambitious about Autism

St. John's College is part of Ambitious about Autism, the national charity standing with autistic children and young people.

We believe every autistic child and young person has the right to be themselves and realise their ambitions.

We started as one school and have become a movement for change. We champion rights, campaign for change and create opportunities.

### Contact us

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🌐 [st-johns.co.uk](http://st-johns.co.uk)

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Ambitious about Autism is a registered charity in England and Wales: 1063184 and a registered company: 03375255.

Ambitious about Autism Schools Trust is an exempt charity in England and Wales and a registered company: 08335297.

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